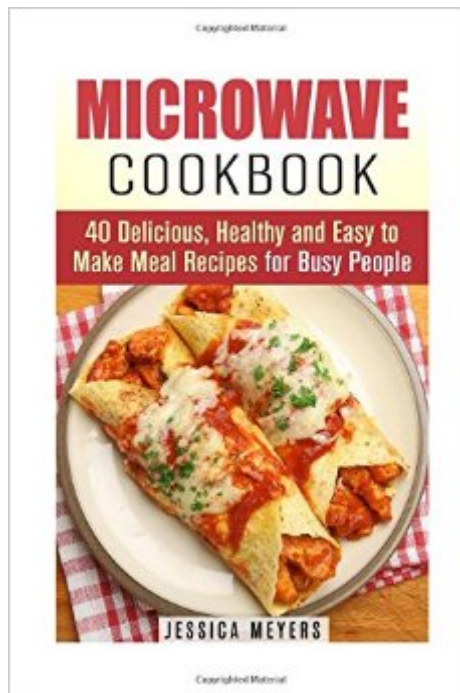


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# Microwave Cookbook: 40 Delicious, Healthy And Easy To Make Meal Recipes For Busy People (Quick And Easy Microwave Meal Recipes)



## Synopsis

Today's busy consumer has only so many minutes in a day, and often has neither the time nor the energy to prepare meals with a long list of ingredients or complicated instructions. Cooking time and meal preparation is at a premium and no one wants to slave over a hot kitchen stove. This book contains forty delicious and quick recipes one can make using just the microwave oven to feed a hungry family. If you need new ideas for healthy meals and have neither time nor patience to spend hours chopping and cooking, this is the right book for your challenging life. Do you need? New meal ideas that won't break your budget? Something quick and delicious that won't dirty every pan in the kitchen? Nutritious ingredients that also taste yummy? A healthful alternative to fried or fast foods? A better way to make use of your microwave? In this book, we have new concepts in microwave cooking that go way beyond heating a frozen dinner or instant cup of soup. Try our new, distinctive and savory meals for a lift to your wearisome and repetitious meal plans. We know you will enjoy these delightful dishes to share with your family and friends.

## Book Information

Series: Quick and Easy Microwave Meal Recipes

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## Customer Reviews

IÃ¢Âm really glad to have this cookbook as microwave dishes is a quick and easiest way in cooking. There are several recipes we are so eager to try, perfect for morning hours when all are busy. Now I donÃ¢Ât need to worry , my daughter can cook some dishes on her own easily, plus there are lovely desserts. ThatÃ¢Âs really good to give some inspiration and easy recipes for my little cook, she enjoys a lot not just eating....

Wow!! That's amazing you can cook almost everything in microwave. It's less time consuming than the traditional style of cooking . I am so happy I get to spend more time outside the kitchen. The recipes are tasty, easy and there are lesser pans in the kitchen sink. I love this book .

Didn't realize that this was not a full size cookbook It reminded me of "free gifts" you get with magazine subscriptions

Teeny tiny book.

Thank You

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